

# Nutritionist

## Birmingham, UK

We are looking for a team of Nutritionists to deliver our new adult weight management programmes in Birmingham. This is an exciting project if you want to help adults with disabilities (including visual impairments) and learning disabilities become happier and healthier.

We have a strong sense of who we are and who we want to be, this is embodied in our 5 ways of being:

### Our Values

- BE REAL** We are genuine, authentic, transparent, and have integrity
- BE PASSIONATE** We are who we are and won't hide our passion for what we do
- BE INNOVATIVE** We are creative and love to explore new ideas
- BE EMPOWERING** We are supportive and help people to make great choices
- BE COURAGEOUS** We are brave and bold and live the values we believe in

## What's the role?

You will deliver our award winning behaviour change and weight management services to adults with disabilities or learning disabilities across Birmingham, whilst working with local professionals to ensure we are 'meeting people where they are to maximise engagement in all eligible groups, and targeted working with those with greatest need and highest risk of obesity'.

## The important stuff: Title, dosh, hours

- JOB TITLE** Nutritionist
- HOURS** Full time (37.5 hours per week) Part time will also be considered
- SALARY** £24,000 per annum FTE
- LOCATION** Office based in Birmingham but working in community centres across the city. **Will also consider remote applications**

## What will you do if you get the job?

- Support the recruitment of individuals to the interventions
- Help to refine existing programmes and develop new ones in line with evidence, co-production and sound underpinning theories
- Be part of a team that delivers the award winning BZ behaviour change and weight management programme
- Empower individuals to manage their weight and behaviour effectively by
  - understanding their individual context and needs and supporting them to change behaviours
- Ensure we deliver evidence based advice to adults with disabilities or learning disabilities across Birmingham- keeping up with changes and new ways of working
- Following up with individuals after sessions to ensure they are on track and referring onto alternative services if necessary
- Help us achieve our contract aims
- Input data and manage caseloads of individuals using our online data system
- Work with local professionals to increase referrals to our service and build on existing partnerships
- Refer individuals to support from local services
- Contribute to a positive working environment to help the team thrive and innovate and use new ideas (a good sense of humour is a must)
- Work alongside the wellbeing coordinators to support individuals on the 1-1 service with nutrition advice

## Why is it great working at BeeZee Bodies?

- Have work that is meaningful and helps change peoples lives for the better
- Be part of a vibrant organisation who love to innovate
- Work with a team that will support you to do your job to the best of your ability Have a chance to take part in fun work place activities and challenges
- Access our employee assistance programme when they need to
- Take part in our daily workplace health (everyone gets an extra 20min paid break) Attend quarterly away days and training week
- Develop your skills with regular and diverse CPD
- Be part of our Pension scheme
- Have access to our bike to work scheme
- Innovative work spaces with standing desks
- 4.8 out of 5 Glassdoor.co.uk Rating
- Free tea and coffee



# Criteria for this post:

## Qualifications

AFN registered degree in Nutrition or HCPC registered degree in Dietetics with portfolio evidence of continuous professional development

Essential



Desirable

## Experience

Experience of working with adults with disabilities or learning disabilities



Experience of working in the field of Community Nutrition (working with real people)



Experience of facilitating a group (can be any setting)



## Skills

Excellent oral and written communications skills with people from a wide variety of backgrounds



Good presentation skills and ability to work effectively with individuals and groups



Ability to travel around Birmingham



Good understanding of the principles of Confidentiality & Safeguarding



Fluent & clear English speaking



## Personal Attributes

Good organisational skills to manage and prioritise workload



Confident and self motivated with lots of passion



Ability to reflect and appraise own performance and that of others



## Our policy:

Beezee Bodies is committed to being an inclusive employer, we welcome applications from the local community. BZ believe the greater the mix of people that work for us means the greater the mix of skills, experiences, perspectives and ideas we can be inspired by!

As an **inclusive employer** we:

- work to ensure our employees are representative of wider society
- develop policies and practices that guarantee people are treated according to their needs

**This role is subject to a full DBS disclosure.**

## How to apply:

Send your CV with a covering letter that answers the following 4 questions to **recruitment@beezeebodies.co.uk**

- Where did you see this advert?
- How do you meet the criteria listed above (please refer to all criteria using examples)
- Why would you want to work at BeeZee Bodies?
- What would be the first thing dogs would say to their owners if they could talk?

The closing date for this post is **25th May 2023** with interviews taking place soon after.

**We encourage you to apply early as we may close this advert if we receive a high number of applications.**

If you have any questions, please email [recruitment@beezeebodies.co.uk](mailto:recruitment@beezeebodies.co.uk)

**GOOD LUCK!**