

# Nutritionist

## Waltham Forest, UK

We are looking for a full time Nutritionist to deliver our Family Weight Management programmes in Waltham Forest. This is an exciting project if you want to help families become happier and healthier.

We have a strong sense of who we are and who we want to be, this is embodied in our 5 ways of being:

### Our Values

- BE REAL** We are genuine, authentic, transparent, and have integrity
- BE PASSIONATE** We are who we are and won't hide our passion for what we do
- BE INNOVATIVE** We are creative and love to explore new ideas
- BE EMPOWERING** We are supportive and help people to make great choices
- BE COURAGEOUS** We are brave and bold and live the values we believe in

## What's the role?

You will deliver our award winning behaviour change and weight management services to families across Waltham Forest, whilst working with local professionals to ensure we are meeting people where they are to maximise engagement in all eligible groups, and targeted working with those with greatest need and highest risk of obesity.

There will also be a piece of work around ensuring the programmes and resources are coproduced with local communities to ensure they are culturally and locally relevant.

## The Important Stuff: Title, Dosh, Hours

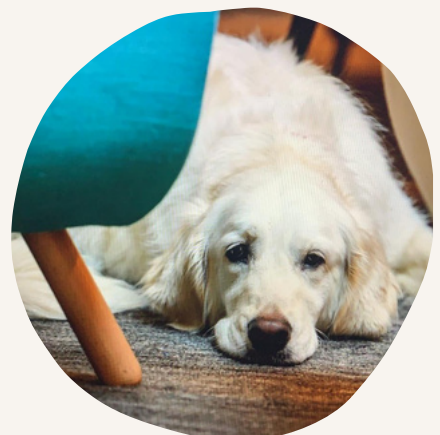
- JOB TITLE** Nutritionist
- HOURS** Full time (37.5 hours per week) with 2-3 evenings per week
- SALARY** £26,160 per annum, inclusive of London Weighting Allowance. Fixed Term Contract ending July 2023, with the possibility to extend.
- LOCATION** Office based in Leyton with delivery in local schools and community centres across Waltham Forest.

## What will you do if you get the job?

- Support the recruitment of children, young people, families and adults into the interventions by attending wellbeing events and building relationships with local professionals.
- Support the planning of delivery sessions and workshops by discovering areas with highest need and working with local teams.
- Help to refine existing programmes and build upon new ones in line with evidence, co-production and sound underpinning theories
- Be part of a team that delivers the award winning BZ Behaviour Change and Weight Management Programme,
- Contributing to a positive working environment where you help your team to thrive and innovate (a good sense of humour is a must)
- Deliver health and wellbeing workshops in schools and local community centres to parents and carers
- Empower individuals to manage their weight and behaviour effectively by understanding their individual context and needs and supporting them to change behaviours
- Ensure we deliver evidence based advice to families, young people and adults across Waltham Forest - keeping up with changes in advice and new ways of working
- Following up with individuals after sessions to ensure they are on track and referring onto alternative services if necessary
- Help us achieve our contract aims and KPIs
- Input data and manage caseloads of individuals using our online data system
- Work with local professionals within the community to increase referrals to our service and build on existing partnerships and develop strong relationships
- Support the Marketing and Communications teams through developing publicly accessible resources including blogs and vlogs and contributing to social media content

## Why is it great working at BeeZee Bodies?

- Have work that is meaningful and helps change peoples lives for the better
- Be part of a vibrant organisation who love to innovate
- Work with a team that will support you to do your job to the best of your ability



- Have a chance to take part in fun work place activities and challenges
- Access our employee assistance programme
- Take part in our daily workplace health (everyone gets an extra 20min paid break)
- Develop your skills with regular and diverse CPD
- Be part of our pension scheme
- Access to our bike to work scheme
- Monthly 1-1s with your line manager
- 4.8 out of 5 Glassdoor.co.uk rating
- Free tea, coffee and fruit (yum!)

## Criteria for this post:

Essential

Desirable

### Qualifications

AFN registered degree in Nutrition or HCPC registered degree in Dietetics with portfolio evidence of continuous professional development



### Experience

Experience of working with children, young people and families



Experience working with/supporting children and young people with SEND



Experience of working in the field of Community Nutrition (working with real people)



Experience of facilitating a group (can be any setting)



Experience of having to prioritise caseload / manage own time effectively



### Skills

Excellent oral and written communications skills with people from a wide variety of backgrounds



Good presentation skills and ability to work effectively with individuals and groups



Able to travel around Waltham Forest



Good understanding of the principles of Confidentiality & Safeguarding



Fluent in English with excellent spoken English



## Personal Attributes

Essential

Desirable

Good organisational skills to manage and prioritise workload



Confident and self motivated with lots of passion



Ability to reflect and appraise own performance and that of others



Full drivers license and access to own vehicle



## Our Policy:

Beezee Bodies is committed to being an inclusive employer, we welcome applications from the local community. BZ believe the greater the mix of people that work for us means the greater the mix of skills, experiences, perspectives and ideas we can be inspired by!

As an inclusive employer we:

- work to ensure our employees are representative of wider society
- develop policies and practices that guarantee people are treated according to their needs

**This role is subject to a full DBS disclosure.**

## How to apply:

Send your CV and a covering letter with your answers to the four questions below to:  
**recruitment@beezeebodies.co.uk**

- Where did you see this advert?
- How do you meet the criteria listed above (please refer to all criteria using examples)
- Why would you want to work at BeeZee Bodies?
- What would be the first thing dogs would say to their owners if they could talk?

The closing date for this post is **27th March 2023** with interviews taking place soon after.

**GOOD LUCK!**

If you have any questions, please email [recruitment@beezeebodies.co.uk](mailto:recruitment@beezeebodies.co.uk)