

# Senior Nutritionist

Hounslow, UK

We are looking for a full time Senior Nutritionist to deliver our Family weight management programmes in Hounslow. This is an exciting new project if you want to help families become happier and healthier.

We have a strong sense of who we are and who we want to be, this is embodied in our 5 ways of being:

## Our Values

- BE REAL** We are genuine, authentic, transparent, and have integrity
- BE PASSIONATE** We are who we are and won't hide our passion for what we do
- BE INNOVATIVE** We are creative and love to explore new ideas
- BE EMPOWERING** We are supportive and help people to make great choices
- BE COURAGEOUS** We are brave and bold and live the values we believe in

## What's the role?

As the Senior Nutritionist, you will support the development of, and deliver, group education sessions as part of BeeZee Bodies Weight Management programmes. This is an exciting new project as we will be working as part of a larger alliance of multidisciplinary public health teams.

The service will be integrating work to promote a holistic approach to health and wellbeing for children, teenagers, adults and families in Hounslow.

## The important stuff: Title, dosh, hours

- JOB TITLE** Senior Nutritionist
- HOURS** Full time (37.5 hours per week) with some evenings/flexi-time
- SALARY** £28,340 per annum FTE, inclusive of London Weighting Allowance
- LOCATION** Office based in Hounslow but working in community centres across the city and some from home

# What will you do if you get the job?

## Key Responsibilities

- Work outside of office hours, including evenings and Saturdays, to maximise the availability of the services to all members of the community, including those who work during the day, shift workers and those with children of school age.
- To support the contract manager in mentoring and leading those working in the nutrition element of the service, including some element of line management responsibilities.
- To work with voluntary organisations, stakeholders, commissioners, partners and allied health professionals and build key working relationships to improve health inequalities in the borough and target seldom heard groups.
- To work closely with the Physical Activity Specialist and Family Support Worker in providing service users with a whole systems approach to obesity and the support and signposting they may require to lead healthy and happy lives.
- To work alongside other Senior Nutritionist actively participating in service development, attending and participating in relevant staff and CPD meetings.
- Work within an alliance model with three other multidisciplinary teams (cardiovascular wellness, physical activity and lifestyle services) to deliver a whole systems approach to people living in Hounslow.
- Work with the Alliance Engagement Officer and wider alliance and BeeZee Bodies teams to keep up to date with public health campaigns and contribute to providing creative and informative digital content including cooking videos, blogs and vlogs.
- Provide sick/annual leave cover for other members of the team, which may include delivering sessions to other groups on different days/different times to usual (inc children and young people)
- To be competent at eliciting behaviour change which is sustainable from those participants who attend the weight management groups.
- To work with the Contract Manager to quality assure the delivery of programmes, providing constructive feedback to team members for personal and service development
- Work as a team to target seldom heard groups and support the recruitment of children, young people, families and adults into the interventions by attending wellbeing events when applicable.
- Work alongside the Contract Manager to run reports and extracts that will be included in the Commissioner Report (reporting quarterly)

## What will you do if you get the job cont..

### **Service Delivery:**

- To run weight management programmes
- To deliver 1 adult weight management programme per week
- To keep statistics and written records of activity in accordance with BeeZee Bodies standards for record keeping. To maintain accurate service user electronic records on DCRS, after every contact with a client.
- To promote people's equality and diversity rights. To be able to work with culturally diverse groups in various locations, including leisure centres, faith centres and community locations.
- To be familiar with ethnic specific foods, enabling tailored sessions to be delivered within communities.
- To monitor whether patient goals are met through audits, 1-1's and motivational interviewing
- To keep up to date with public health and NICE guidelines and work within own limitations and scope of practice.
- Following up with individuals after sessions to ensure they are on track and referring onto alternative services if necessary

### **Training & Education**

- To undertake training and education as required, maintaining and developing professional knowledge, skills and competence. Learning outcomes must be shared
- To ensure all statutory and mandatory training is completed and updated accordingly.
- To contribute to weight management training and skills development for those working with adults in primary care, local authority and HRCH settings.
- Participate in delivering in-house training to other health professionals and support staff.

# Criteria for this post:

## Qualifications

Essential

Desirable

AFN registered degree in Nutrition or HCPC registered degree in Dietetics with portfolio evidence of continuous professional development



## Experience

Demonstrable experience of working in the field of Community Nutrition (working with real people)



Experience of facilitating a group (can be any setting)



Experience of having to prioritise caseload / manage own time effectively



## Skills

Excellent oral and written communications skills with people from a wide variety of backgrounds



Good presentation skills and ability to work effectively with individuals and groups



Able to travel around Hounslow



Good understanding of the principles of Confidentiality & Safeguarding



Flexibility in covering all BZ Families sites across Hounslow



Fluent & clear English speaking



## Personal Attributes

Good organisational skills to manage and prioritise workload



Confident and self motivated with lots of passion



Ability to reflect and appraise own performance and that of others



Simply... Good with people!



## Our Policy:

Beezee Bodies is committed to being an inclusive employer, we welcome applications from the local community. BZ believe the greater the mix of people that work for us means the greater the mix of skills, experiences, perspectives and ideas we can be inspired by!

As an inclusive employer we:

- work to ensure our employees are representative of wider society
- develop policies and practices that guarantee people are treated according to their needs

**This role is subject to a full DBS disclosure.**

## Sounds like you? How to apply:

**Send your CV with a covering letter that answers the following 4 questions to [recruitment@beezeebodies.co.uk](mailto:recruitment@beezeebodies.co.uk)**

- Where did you see this advert?
- What experience and skills could you bring to this role?
- Why would you want to work at BeeZee Bodies and do this role?
- What would be the first thing dogs would say to their owners if they could talk?

The closing date for this post is **31st March 2023** with interviews taking place soon after.

If you have any questions, please email [recruitment@beezeebodies.co.uk](mailto:recruitment@beezeebodies.co.uk)

**GOOD LUCK!**